

Ultimate Cal

Composition:

Each capsule contains:

Calcium Carbonate	269.71	mg
Magnesium Sulphate	99.05	mg
Potassium Sulphate	89.141	mg
Zinc Oxide	1.867	mg
Boron	0.75	mg

Properties:

Calcium is a major element in bones and teeth formation. Calcium plays a major role in muscle contraction, vasoconstriction and vasodilatation and nerve impulse transmission and is required in cases of increased need to Calcium e.g. pregnancy, lactation and osteoporosis. etc.

Magnesium: 60% of magnesium is present in the skeleton and 27% in the muscle. It plays structural role in bone, cell membrane, and chromosomes, increases the absorption of calcium, and plays an important role in nerve impulses, muscle contraction and energy production.

Potassium: is very important electrolyte inside the cell. It is used in cases of low potassium intake as in fatigue, muscle weakness, cramps. etc. Also it protects the body against hypercalciuria which may leads to kidney stones.

Zinc: Numerous aspect of cellular metabolism is zinc dependant. Zinc plays an important role in growth and development, the immune response, neurological function and reproduction.

Boron: It plays a major role to prevent osteoporosis by helping build and maintain healthy bones.

Indications:

It is used as a mineral supplement in cases of increased need to Calcium as in;

- Osteoporosis
- Pregnancy
- Lactation
- Hypocalcaemia
- Dental Carries
- Weak Cartilage
- Arthritis
- Brittle Bones
- Eclampsia
- Rickets and Osteomalcia,
- Muscle weakness and pain
- Memory loss
- Degenerative joint disease
- Postmenopausal women and advancing age
- Increase the enamel and hardness of teeth.

Contra-indications:

Hypercalcaemia

Hypercalciuria

Precaution:

Its administration with (Quinolones, Cardiac Glycosides, Diuretics and Thiazide related diuretics and Tetracyclines) should be separated by one or two hours because it may decrease their absorptions.

Side Effects:

Usually no side effects from the component but rarely constipation, abdominal pain and dyspepsia.

Dosage:

1-3 Capsules/day or as prescribed by the physician.

Package:

Box of 2 Strips each of 10 capsules.

Produced by

UNI PHARMA

EL OBOUR CITY, CAIRO-EGYPT.