

Alendex Tablets

Composition:

Each tablet contains:

Alendronic acid (10 mg) as Sodium Alendronate Trihydrate 13.06 mg

Properties:

Sodium Alendronate is the active ingredient of : (Alendex) and it is a bisphosphonates that act primarily on bone, its major pharmacological action is the inhibition of normal and abnormal bone resorption. Sodium Alendronate is preferred than other bisphosphonates due to its highly selective inhibition of receptors.

Sodium Alendronate decreases the rate of bone resorption directly, leading to an indirect increase of bone formation.

Indications:

- * Primary osteoporosis in postmenopausal women.
- * Secondary osteoporosis due to bone tumors or surgical removal of ovaries .
- * Drug induced osteoporosis e.g. Long therapy of corticosteroids, chemotherapeutic drugs and radiotherapy.

Contra-Indications :

- * Hypersensitivity to any component of the product and to bisphosphonates.
- * Hypocalcaemia
- * High renal impairment.

Adverse drug Reactions:

The following adverse reactions could be occur in few cases and in mild severity:

- * Flatulence, acid regurgitation, esophageal **ulcer**, dysphagia, abdominal distention, headache, musculoskeletal pain and skin rash.

Precautions and warnings:

- * Hypocalcaemia must be **corrected before therapy** initiation with Alendronate.
- * Ensure adequate calcium and vitamin D intake.

Dosage:

- * Primary osteoporosis: one tablet once daily (10 mg) in the morning 30 minutes before breakfast or other any drinks of drugs with a full glass of water.
- * Patients with osteoporosis should receive supplemental calcium and vitamin D if dietary intake is inadequate.

Package:

Boxes of 10 tablets.

Storage:

Store in a cool and dry place.

Keep out of reach of children.

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